

LUNCHES -

MONDAY/WEDNESDAY/THURSDAY

	<u>SANDWICH</u>	<u>SUB</u>	<u>EXTRAS</u>
Vegemite ☺	\$1.50	\$2.00	Salad 70c
Egg or Curried Egg ☺	\$2.00	\$2.50	Cheese 50c
Cheese ☺	\$2.00	\$2.50	Mayo 20c
Ham, Chicken or Tuna ☺	\$3.00	\$3.50	Mustard 20c

TOASTED SANDWICHES

		<u>EXTRAS</u>
Cheese ☺	\$2.50	Tomato 20c
Cheesy Baked Beans ☺	\$3.00	Pineapple 20c
Ham & Cheese ☺	\$4.00	Mayo 20c
Chicken & Cheese ☺	\$4.00	

CRISPY CHICKEN STRIP SALAD

<u>TUB</u> ☺	<u>HOT MEALS</u>
With one chicken strip \$3.50	Lasagne ☺ \$3.50
With two chicken strips \$5.00	Macaroni Cheese ☺ \$3.50
	Fried Rice ☺ \$3.50
	Potato & Bacon Bake ☺ \$3.50

(Salad = lettuce, tomato, cucumber, carrot, beetroot & mayo sachet)

SPECIAL - MONDAY ONLY

Hotdog (with sauce)	\$3.00
Hotdog & Cheese (with sauce)	\$3.50

SPECIAL - WEDNESDAY ONLY

Spaghetti Bolognese ☺	\$3.50
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SPECIAL - THURSDAY ONLY

Beef Pie	\$3.00
Beef & Cheese Pie	\$3.00
Party Pie	\$1.20
Sausage Roll	\$2.50

Tomato Sauce	20c
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DRINKS

Spring Water ☺	Small (350 ml)	50c
	Large (600 ml)	\$1.00
Popper Juice	Apple, Apple/Blackcurrant, Orange, Tropical	\$1.50
Chill Milk ☺	Choc, Choc/Mint, Strawberry, Banana or Caramel	\$2.00
LOL	Tropical, Raspberry or Blackcurrant	\$2.00

RECESS

Recess cannot be ordered. Students must buy recess food over the counter at recess break

Pikelets ☺	10c	Potato Gems (limit of 10)	10c
Popcorn ☺ small	10c	Hash Browns (limit of 2)	50c
Popcorn ☺ large	20c	Dino Snacks (limit of 4)	50c
Apple Slinky ☺	50c	Spaggies ☺	50c
Muffin	50c	Cheezy ☺	70c
Jelly Cup ☺	50c	Pizza Sub ☺	\$1.00
Rice Sticks	80c	Hot Chocolate ☺	\$1.50
Milo Bar	\$1.20		
Cracker Crisps	\$1.50		

ICE CREAMS

Ice creams are not available for kindy or preprimary students.

Paddlepop	Chocolate, Banana or Rainbow	\$1.50
Licky Stick ☺	(Frozen yoghurt)	20c
Icy Pole	Tropical, Orange, Apple, Blackcurrant or Mango	half -
30c		whole - 60c

LUNCHES - FRIDAY

To comply with the Traffic Light Regulations, burgers **must** be served with lettuce, carrot & tomato.



Indicates Green Light rated foods

Lasagne ☺	\$3.50	Chicken burger ☺	\$4.00
Macaroni Cheese ☺	\$3.50	Beef burger ☺	\$4.00
Fried Rice ☺	\$3.50	- add cheese ☺	50c
Potato & Bacon Bake ☺	\$3.50	- add mayo	20c

Canteen Guidelines

Please observe the following rules when using the canteen:

- * Lunch orders must be placed in the order box outside the canteen by no later than 9.00am. Late orders will only be offered a vegemite sandwich.
- * Orders should be written out at home or in the classroom by the student. Please use the lunch bags provided and do not write orders on envelopes or scraps of paper. You're welcome to pick up extra bags for home from the canteen.
- * Please fold bags to ensure money cannot fall out. **Please do not seal the bag with sticky tape or staples**. Any change needed will be taped on the outside of the lunch bag. No foreign coins will be accepted.
- * Due to health & safety regulations, we cannot reheat any food brought from home or provide hot water for 2 minute noodles.
- * Hot and cold recess food is sold across the counter and cannot be pre-ordered. Kindy & pre-primary students are unable to buy or order recess food and ice creams.
- * Only items listed on the menu are available, we cannot change or alter what is listed (e.g. we cannot serve burgers without salad) as this changes their classification within the Traffic Light System.
- * Sorry, strictly no I.O.U.s allowed. You are welcome to pre-pay and pre-order for the week ahead.

Traffic Light System

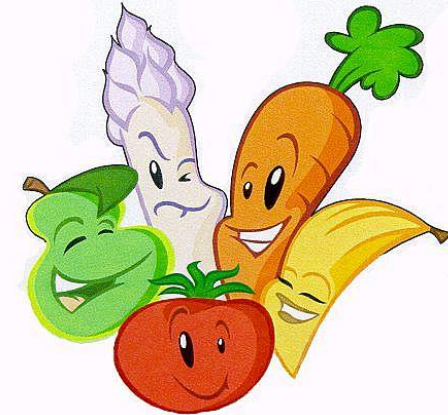


Our menu adheres to:

- * WA Canteen Association's guidelines of healthy food from the *Star Choice* range which has undergone rigid testing to conform to the Australian Nutrition Guidelines and the Heart Foundation Guidelines.
- * Department of Education's *Healthy Food & Drink Policy's Traffic*

East Victoria Park Primary Schools'

Judy's Canteen Winter



CLOSED TUESDAY

Recess break: 10.40 am – 11.10 am

Lunch break: 12.50 pm – 1.20 pm

LUNCH ORDERS MUST BE PLACED BY 9.00am

Please see back of menu for canteen guidelines.

Canteen Managers: Janine Batley & Donna Kennedy
Phone: 9361 0545

Light System which ensures we fill our menu with GREEN rated and limited AMBER rated foods. RED rated items are not sold.