



# East Victoria Park Education Support Centre

Principal: Mrs Sheena Paterson  
Email: [Sheena.Paterson@education.wa.edu.au](mailto:Sheena.Paterson@education.wa.edu.au)  
[www.eastvictoriaparkesc.det.wa.edu.au](http://www.eastvictoriaparkesc.det.wa.edu.au)  
Tel: (08) 9470 3624 Fax: (08) 9470 2607  
30 Beatty Ave, East Victoria Park. WA 6101



## Newsletter 5

Date: June 2015

### STAFF

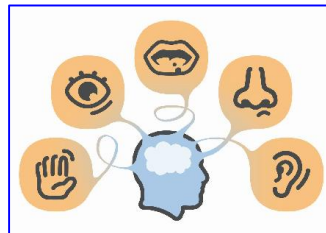
On behalf of the staff we would like to thank Natasha Prka for her efforts helping with the students this term. We have loved having her and wish Natasha every success for the future.

### From Natasha...



My name is Natasha and I have had the privilege of completing my practical experience at East Victoria Park. I am currently studying Primary Education specialising in special needs. I have thoroughly enjoyed having the opportunity to work with the wonderful staff and students, and being able to be a part of the wide range of programs the centre has to offer. I am almost at the end of my experience and I would like to thank everyone for making me feel so welcome and for all of the support, advice and help that has been offered to me.

We recently explored the five senses in class focusing on the senses of smell and touch. It was fantastic to see all of the students identifying their likes and dislikes and describing what they could smell or feel. The students then created their own touch boards using a variety of materials with textures that they found appealing. The touch boards the students made were very creative and displayed the elements that they took an interest in - it was an enjoyable experience for all!



### Community Access Program (CAP) - Out & About



Every fortnight the students venture out to the shops to purchase their ingredients to make their lunch as well as some muffins. Jaymee Lee and Lily look like they had an enjoyable time on the train and at IGA!





## Muffins

Every fortnight, the students continue to make yummy muffins. On the 19 June, we will be making delicious peach and pear muffins and on the 3 July Choc Chip! Remember these can be ordered to enjoy at home too! The kids also made some muffins for Mother's Day!



## Science 2015



We have been engaging in interesting science experiments. Recently we were looking at flowers and what happened when we put them in a container of food colouring. As you can see from the photos we were surprised with some wonderful results. The senior students did a write up and diagram about this experiment and engaged in a simple discussion about osmosis. The younger students were excited during the experiment as they could quickly see the flowers changing colour. They kept coming back to have a look and then drew a picture of changes they saw.



# "Coobie Games" - Coolbellup Learning Centre 26 May



The annual Education Support Centre Games for 2015 was held on the last Friday of May at the Coolbellup Learning Centre. It was a beautiful day with perfect conditions and the students had a wonderful time participating in various games. There were many games where the students joined in rotation. We had a Water Balloon run, Musical Hoops, obstacle course and a soccer game and our students enjoyed each and every game. Coolbellup Centre hosted a sausage sizzle and provided hot dogs, fruit and drinks for everyone. There were also prizes and champions too. Stephen got the best soccer score and was rewarded with a prize.

Our numbers were small but East Victoria Park ESC was well represented by all the students who participated to the best of their ability. It was also an opportunity for the students and staff to catch up with old friends and colleagues.



## Our Garden Now



The students have been gardening on a regular basis and have been involved in the transformation from purchasing plants and planting seedlings to watching plants grow bigger each week. They have planted a variety of herbs, small plants, potatoes, a lemon tree and a mango tree. Prior to planting the new plants the students were encouraged to become involved in preparing the soil by turning it with a small spade. They have been very active in looking at the plants grow and attend to them by watering. When the plants give us some produce e.g. herbs and potatoes we will use this produce during our Tuckshop cooking lessons.



## Kindy Chicks 17 June

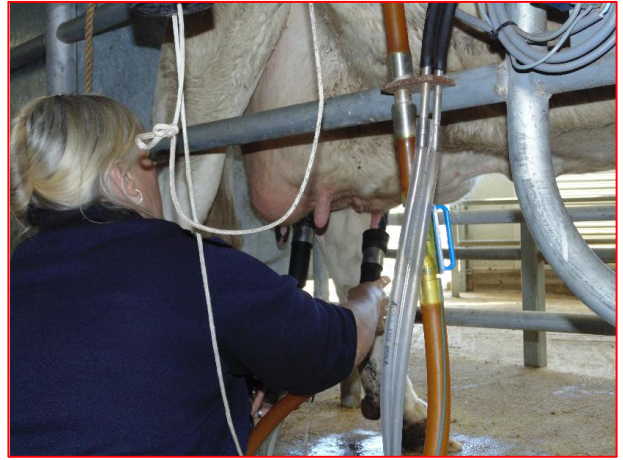
The students also recently had a brief encounter visiting Kindy to view their new chicks. The children got to watch their antics, which was a taste of things to come for the farm visit later in the month.



**Kelmscott SHS Farm 29 June**

By Stephen Cueva

Farmer Norm told us all about the cow and the cow's name - Princess. Farmer Norm told us how the cow is milked using a sucking machine. He sells the milk to the shops. I got to feel the goat. Ryan let me and the goat didn't even bite me.



## Woolworths Earn & Learn

We are excited to be taking part in the Woolworths Earn & Learn program again. You can help our school by collecting Woolworths Earn & Learn Points. Just collect Woolworths Earn & Learn Stickers when you shop at Woolworths between Monday, 15 July and Tuesday, 8 September 2015. We will redeem these for awesome educational resources for our school.

Simply pop the stickers onto a Woolworths Earn & Learn Points Sheet and once it's completed, just bring it back to school or drop it into the Collection Box at your local Woolies. The more we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program, and we'd like to get lots of new gear! Products in the range include resources for mathematics, English, science, art & crafts, through to sports gear, library supplies and more.

On behalf of the staff I wish all of you a safe and happy holiday. I look forward to seeing you all back here on Tuesday, 21 July.

## Healthy recipe

We encourage healthy eating and snacking through our cooking program. Each fortnight we cook healthy some healthy snacks. Why don't you try... (Note - omit peas, if you feel the need!)



### Pea and Noodle Fritters



Fill lunch-boxes with crisp veggie snacks and these tasty fritters - perfect to eat hot or cold.

**To Prep: 15 mins      To cook: 15 mins      Makes: 12 fritters**

### Ingredients

- 1 1/4 cups frozen peas
- 1/2 x 440g packet shelf-fresh hokkien noodles
- 1/4 cup self-raising flour
- 1/4 cup milk
- 2 eggs, lightly beaten
- 1/4 cup grated parmesan
- 1 red onion, finely chopped
- 1/4 cup rice bran oil
- Cherry tomatoes and carrot and celery sticks, to serve

### Method

#### Step 1

Place peas in a heatproof bowl. Cover with boiling water. Stand for 2 minutes or until bright green and tender. Drain. Refresh under cold water. Return to bowl. Roughly mash peas with a fork. Add noodles, flour, milk, eggs, parmesan and onion. Season with salt and pepper. Stir to combine.

## Step 2

Heat oil in a large frying pan over medium heat. Drop 1/4 cup batter into pan, spreading to form a circle. Repeat to make 4 fritters. Cook for 2 minutes or until golden underneath. Turn. Cook for 2 minutes or until cooked through. Transfer to a plate lined with paper towel to drain. Repeat with remaining batter. Serve with cherry tomatoes and carrot and celery sticks.

### Nutrition

Energy 1299kJ

Fat saturated 4.20g

Fat Total 13.80g

Carbohydrate Total 30.20g

Dietary Fibre 7.00g

Protein 12.60g

Cholesterol 101.00mg

Sodium 370.

### What's On.....What's Coming up at EVP ESC?

Staff Development Day	20 July
Students return to school for Term 3	21 July
Muffins	3 July, 7 & 21 August, 4 & 18 September
Tuckshop	31 July, 14 August, 11 & 25 September
Book Week Parade	21 August
Faction Carnival	28 August
Last day of term 3	25 September



## Term 3, 2015 - Parents



Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	July 20	July 21	July 22	July 23	July 24
	<b>PUPIL-FREE DAY</b>	<b>TERM 3 STARTS</b> Canteen closed			Tree Day
2	July 27	July 28	July 29	July 30	July 31
	Shopping P&C Meeting	Shopping Canteen closed			Tuckshop
3	August 3	August 4	August 5	August 6	August 7
		Canteen closed			Muffins Newsletter Assembly
4	August 10	August 11	August 12	August 13	August 14
	Shopping	Canteen closed			Tuckshop
5	August 17	August 18	August 19	August 20	August 21
		Canteen closed			Muffins Book Week Parade
6	August 24	August 25	August 26	August 27	August 28
	Shopping Book Week	Canteen closed			Newsletter Athletics faction carnival
7	August 31	September 1	September 2	September 3	September 4
	P&C Meeting	Canteen closed		Musica Viva Incursion	Muffins
8	September 7	September 8	September 9	September 10	September 11
	Shopping	Canteen closed			Tuckshop
9	September 14	September 15	September 16	September 17	September 18
		Canteen closed			Muffins Newsletter Assembly
10	September 21	September 22	September 23	September 24	September 25
	Shopping	Canteen closed			Tuckshop Last day of term

ESC Events

All School Events

Special Events